

AUTHOR: Ms Judith Evelyn Beeson

ADDRESS: 2 Daisy Bank, Norwood Green, Halifax, HX3 8QH, UK.

TELEPHONE: 01274 604692 / 07985259012

EMAIL: jbeeson@dsl.pipex.com

TITLE: Using Income Generating Initiatives to Increase Meaningful Activities, Address Occupational Deprivation and Facilitate Recovery.

THEME: Sub-theme MDG 8; Develop a Global Partnership for Development

Introduction

Over 70% of Zambians are poor and mental health problems are increasing. There is an intrinsic link between poverty, mental illness and occupational deprivation. From an occupational perspective, there were few opportunities for patients to engage in meaningful activities within the hospital. A partnership between Chainama Hills College Hospital (CHCH), Zambia and Leeds Partnerships NHS Foundation Trust, UK collaborated with the charity "Action Zambia" to support a Revolving Fund project to generate income for the Occupational Therapy Centre.

Aim

Increased income would allow patients to access a greater range of occupational activity, facilitating their recovery and discharge

Implementation

Collaborative workshops identified occupational needs and constraints. A Revolving Fund protocol was developed and instigated.

Discussion

An increase in patients attending the OT centre and engaging in a broader range of occupationally relevant activities has been reported. An in-depth review of the Revolving Fund will be conducted; however the project appears to offer a potentially viable and sustainable means to address occupational deprivation, promote recovery and facilitate discharge at CHCH.

FORMAT: Paper presentation